

Speakers – NHS Health Check Assessments

Nicola Strother Smith, MPA (distinction), DCR(T)

1. National Director for NHS Diabetes and Kidney Care (incorporating the NHS Health Check programme and NHS Liver Care), Nicola started NHS life as a therapy radiographer at the Middlesex Hospital in 1975. She was appointed superintendent radiographer in Colchester in 1990 and subsequently, directorate manager. Moving on to fund holding manager in Gloucestershire in 1993 and then 3 Counties Cancer Network Director in 1997. Nicola moved to her current post in 2009.
2. NHS Diabetes and Kidney Care's role is to improve the services and quality of care received by people with diabetes, kidney and liver disease. Their aim is to embed safe, evidence-based examples of 'what works' leading to better outcomes for patients.

Jamie Waterall RN, Dip Nursing, BSc, MSc, National NHS Health Check Programme Manager – NHS Diabetes and Kidney Care

3. Jamie has a varied clinical and management background spanning secondary care, primary care, and strategic and national healthcare management. Jamie began his NHS career working at Nottingham University Hospitals between 1996 and 2008 after which he moved to Birmingham to take up the post of Nurse Consultant in Preventative Healthcare. He has more recently taken on a national role with NHS Diabetes and Kidney Care as NHS Health Check Programme Manager, working closely with the Department of Health policy team and wider stakeholders involved in delivering this important public health programme.